



**Kent E. Johnson Dental Associates**

## **Intravenous Conscious Sedation**

Intravenous sedation is a versatile mode of anesthesia available for office use today. It provides you with a tranquil, relaxed state, but without loss of consciousness. However, it must be noted that all pain will not necessarily be abolished and recall may occur.

An IV is inserted into a vein to administer the medications, your vital signs are checked about every 5 minutes, and emergency equipment is available at all times. Usually a local anesthetic and sometimes nitrous oxide gas is given along with the IV sedation.

There are possible complications with any anesthesia and IV sedation is no exception. Although this is a very safe mode of anesthesia, we cannot assure that complications will not occur. Possible common inherent risks are, but not limited to, drug reactions and side effects, nausea, bruising and/or vein inflammation at the site of the intravenous injections.

After your procedure, you will be observed and receive care until you have responded sufficiently to return home. Discharge from the office will be based on your meeting a set of criteria. Since all people respond differently, it is difficult to say how long your stay will be, but usually ranges from 30 minutes to one hour. Please be aware that if for some reason you do not meet the discharge criteria or it is felt to be in your best interest, admission into a hospital may be medically necessary.

After returning home, you may expect to experience periods of wakefulness along with sleepiness for the remainder of the day. Please read the before and after sedation sheet. Feel free to call if there are any questions.

Family Dentistry  
Oral Reconstruction • Orthodontics  
**Kent E. Johnson, D.D.S.**  
1620 E. Rollins, Box 306  
Moberly, MO 65270  
(660) 263-6642 or (800) 382-9402



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### **Instructions Before Sedation**

1. Important – Do not eat or drink anything at least six hours prior to your scheduled appointment.
2. Notify your doctor immediately of any changes, even minor, in physical conditions, such as cold, etc.
3. Wear casual, loose fitting short-sleeved top.
4. Do not wear fingernail polish or heavy eye makeup, such as mascara.
5. Bring a case to place your glasses, contact lenses, or dentures before surgery.
6. If at all possible, do not smoke after you awaken.
7. Perform your usual bathing routine and brush your teeth, but do not swallow water.
8. Make arrangements for a family member or close friend to accompany you to your doctor's office and to drive you home after surgery. If your child is being treated, two adults are required, one to drive the car and one to care for the child.
9. Ask any questions you may have 24 hours prior to your procedure.

### **After Sedation**

1. Discharge from the office will be based on your street fitness which means you are not having any severe pain, you are not severely nauseated, you ambulate safely without assistance, vital signs are within your normal limits, operatory site is dry and intact, skin color is within normal limits, and you respond appropriately to verbal stimuli.
2. For your safety, someone should watch you closely for at least six hours.
3. If sleeping, lie only on your side or stomach for six hours after surgery.
4. Do not take any depressant medication unknown to your doctor.
5. Do not drive a car or operate complex machinery for at least 24 hours after your surgery as your responses will be dulled and slowed considerably.
6. Do not ingest any alcoholic beverages for 24 hours after your surgery.
7. Important decision making should be delayed for at least 48 hours after your surgery.
8. Do not take a public conveyance without the presence of another adult.
9. Follow your doctor's instructions and return to see him as directed.
10. If you have any problems or questions regarding your anesthesia, please contact our office or if it is after hours, please contact Moberly Regional Medical Center at (660) 263-8400 and they can page your doctor.