



Kent E. Johnson Dental Associates

Instructions For Patients To Be Sedated In The Dental Clinic

The sedation technique and the medications to be administered are for your comfort, to make your dental procedure more pleasant, and to allow your dentist to give you better care. The safety of these techniques and medications is exceptional, but requires that you adhere strictly to these instructions. Failure to comply with these instructions will result in cancellation of your appointment.

1. The presence of food or liquid in the stomach greatly increases the risk of nausea and vomiting. **It is imperative for your safety that you have nothing to eat or drink (to include water) for a minimum of six hours prior to surgery.**
2. **You must be accompanied by a responsible adult who can drive you and provide transportation for you to get home.** The escort (driver of vehicle) must be present in the dental clinic prior to the start of your procedure and must remain in the clinic area until you are cleared to leave unless otherwise instructed by the clinic personnel. **No mode of public transportation will be allowed including taxis, buses, or walking alone.**
3. Your escort's attention will be needed to assist you. Please do not bring young children with you to this appointment.
4. **Make arrangements to rest for the remainder of the day.** You may be sleepy or dizzy for several hours after your appointment and cannot drive or do tasks which require you to be alert until the following morning. Make arrangements for someone to care for your children and be available to assist you for the remainder of the day.
5. This is a valuable appointment that involves a great deal of preparation and the time of a number of personnel. If you are unable to follow these requirements, do not accept this appointment. **Should a conflict arise, notify the clinic at least 48 hours in advance of your scheduled appointment.** Thank you for your cooperation.
6. Wear comfortable clothing and a short-sleeved garment.
7. No contact lenses.
8. No colored nail polish on at least one finger on each hand.
9. One hour prior to surgery appointment, take 400mg/600 mg Ibuprophen with minimum amount of water and any other pre-medications that may have been prescribed as directed.

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