

CARE OF YOUR CHILD FOLLOWING SEDATION

- 1) **Weariness** – Your child was given medications that make him or her tired or sleepy. It is normal for him/her to be “out of it” for a few hours following the procedure and he may go home and nap for you. Place the child on his side and monitor them every 15 minutes to make sure they are breathing properly and are not nauseated.
- 2) **Food** – A soft diet is advisable for the first 24-48 hours following the procedure. A soft diet includes the following: warm (not hot) soup, pudding, ice cream, Jell-O, pancakes, scrambled eggs, etc. Also, remember to force FLUIDS, so dehydration does occur.
- 3) **Bleeding** – Have your child bite on sterile gauze that was given to you in your packet. Pressure from biting will cause the bleeding to stop. Place a piece of gauze over the area that is oozing and have the child bite down or hold in place with pressure for 30 minutes. Repeat as necessary.
- 4) **Keep fingers away from the mouth following the procedure. Make sure that your child is not biting their lip or cheek.**
- 5) **Extractions** - If there are any extractions, no drinking out of a straw for 3 days.
- 6) **Antibiotics and Pain Medications** – If these medications were prescribed by your dentist, please follow the directions given to you by the dentist and on the prescription bottle. If your child has mild discomfort following the procedure, you may give them Tylenol or Motrin as needed to comfort them.
- 7) **Brushing** – Gently brush your child’s teeth at night before bed. The mouth may be sore, but the **oral hygiene must be maintained.**
- 8) **Returning to normal activities** – Allow your child to rest the day of the procedure and **do not send them to school or daycare.** They may return to these activities as soon as they are feeling better, which is usually the day after the procedure.
- 9) **Next appointment** – The dentist will see your child in 6 months following the sedation for a check-up appointment unless otherwise discussed with you.

If there are any emergencies, please call the office @ (660) 263-6642.